

## Weekly Pile for Week of January 1 2012

Happy New Year Everybody,

Included is the Weekly Pile of Information for the Week of January 1, 2012, Extension's Equine related educational information & announcements for Rockingham & Guilford Counties. To have something included in the Weekly Pile, please follow these simple guidelines.

- Information included needs to be educational in nature &/or directly related to Rockingham or Guilford Counties.

- Please E-mail information to me by Wednesday each Week.

- Please keep ads or events as short as possible - with NO FORMATTING

with NO unnecessary Capitalization's, and NO ATTACHED DOCUMENTS.

(If sent in that way, it may not be included)

- Please include contact information - Phone, Email and a like.

- PLEASE PUT WEEKLY PILE IN SUBJECT LINE when you send in to me.

If I forgot to include anything in this email it was a probably an oversight on my part, but please let me know!

If you have a question or ideas that you would like covered in the Weekly Pile, please let me know and I will try to include. As Always – I would like to hear your comments about the Weekly Pile or the Extension Horse Program in Rockingham or Guilford Counties!

Included in This Weeks Pile:

### 1. 2012 Extension Horse Management Series

2. 2012 NC Forage & Grasslands Council Winter Conference January 25th Greensboro

3. Carolina Equine Hospital's Winter Horse Health Seminar February 4at Northern Elementary School

4. You Asked

5. Cooling Down a Horse with Water

6. Pelleted Feeds

7. NCHC Specialty License Plate

8. Natural Resource Training Opportunities

9. Small Poultry Flock All Day Seminar January 19, 2012

10. Equine Trails News: USDA Forest Service News Release

11. 2012 Organic Commodities and Livestock Conference

12. HAY DIRECTORY

13. Take A Load Off

+++++

**1. ATTENTION: FINALLY - 2012 Extension Horse Management Series Is Set**

**MARK YOUR CALENDERS**

**2012 Extension Horse Management Courses**

**January 30th** Horse Health - Dr Cindy Kimbrell -Mid State Equine

- Emergencies & Quarantine: Equine Herpes Virus, Strangles, Colic, Cuts and Eyes

**February 6th** - Ask A Vet - Carolina Equine Hospital - Panel of Veterinarians from Carolina Equine will be coming to take & answer Questions from Participants.

**February 13th** - Horse Tack & Equipment - The Hows & Whys -Robin Lynn, NCSU Extension Horse Husbandry

**February 20th** - Mules & Donkeys - Shannon Hoffman, The Carolina Mule Association, Encourage, & Educate Horse Management participants about the mule and donkey industry

**February 27th** - Land Use & Present Use, Building Codes & Laws, Annexation/ETJ's Water Regulations & Watershed Rules & other New Laws which is pertinent to NC Horse Owners. - NC Farm Bureau & Sue Gray - NC Horse Council

**March 5** - Endurance/Trail Riding - American Endurance Ride Conference - Education Committee

**March 12th - Horse Judging - Dr Mike Yoder, NCSU Extension Horse Husbandry Specialist - Will cover Western & Hunter**

**March 19th - SWAP SHOP - Bring items to Sell/Trade or Buy that something You Need**

+++++

**2. Winter Forage Conference Set – NC Forage & Grasslands Council - January 25th – Guilford Ag Center**

The North Carolina Forage & Grassland Council in Conjunction with the North Carolina Cooperative Extension Service will be hosting a series of winter conferences with one to be held January 25th from 12:30 -7:00pm in Greensboro at the Guilford County Agricultural Center located at 3309 Burlington Road. Ray Archuleta, a Natural Resources Conservation Service Agronomist will be this year's speaker. He will be discussing healthy Soils Reduce Chemical Inputs on Grazing & Cropping Systems and we will also be featuring a local Producer, as well as a Local Producer Panel discussing Forages & Forage Management Experiences or Dealing with High Input Costs. This producer panel is always an audience favorite.

The cost is \$15 for NC Forage and Grassland Council members, \$25 for non-members & \$10 for Students. For more information, give me a call at 342-8235.

+++++

**3. Carolina Equine Hospital is hosting the Winter Horse Health Seminar on February 4, 2012 at Northern Elementary School. Registration starts at 8:30am and the program is from 9am to noon. There will be free breakfast, exhibits, door prizes and great information! Speakers and topics are: Dr. Julie Settlege from Virginia-Maryland Regional College of Veterinary Medicine on the Advances in Lameness Management. Also speaking is Dr. Mark Crisman from Virginia-Maryland Regional College of Veterinary Medicine on Tick Borne Diseases and Emerging Diseases of the horse. Please RSVP by calling 349-4080.**

We hope that lots of the horse community can join us that day! This is a great opportunity for youth and volunteers to gain some horse knowledge from the experts!

+++++

**4. You Asked: Tell me about a horse hay feeder that sits on the ground with a bottom to protect it from the mud?**

There are many commercially available round and square bale feeders that are raised off the ground with a solid base (some even have a roof to protect from the rain) with small openings where the horses can reach in and access hay. They are marketed to prevent a lot of hay waste from horses dropping hay on the ground and then standing on it. Check them out at your farm supply store or online equipment dealer.

If you use round bales, it is recommended to place a wooden pallet on the ground inside the feeder and then place the hay bale on top of the pallet. This is to raise the bale off the ground and out of the mud.

Hay should be fed from hay feeders where appropriate. This will minimize hay waste and prevent the ingestion of dirt, sand, fecal material, and parasites. Depending on the number of horses in a field, two or more field mangers may be required. The feeding behavior of horses requires that submissive or less dominant horses have access to hay away from dominant horses.

Hay feeders should be mounted or constructed to be chest high or slightly lower. Remember, horses were designed to eat off the ground. Therefore, hay mangers mounted above chest height are not appropriate.

+++++

## 5. Cooling Down a Horse with Water.

When cooling a hot horse after exercise, many people simply spray the horse all over with water and do not scrape away the excess. But, does it really offer a benefit to spray the entire body as opposed to just the legs and belly?

Spraying water on a hot horse to cool it off promotes convection cooling and assists the horse in lowering its core temperature. The reason you spray the legs and belly is because the blood vessels are closer to the skin in those locations, and it promotes faster cooling of the horse's core temperature by carrying the cooler blood to the heart.

Another important part of cooling out horses is evaporation. After the horse has been sprayed off, it is very important to scrape the water off. This is because once the horse is sprayed, the water absorbs the horse's heat and becomes warm. In order for evaporation to occur effectively, this warm water must be removed. This process can be repeated until the horse's temperature comes down (i.e. spray then scrape, spray again then scrape again, etc.). If the water is not scraped off, it could act as an insulating layer and actually make the horse hotter than when you started.

In extreme circumstances, ice can be added to water for sponging to increase the speed of cooling the core temperature. It is commonly thought that ice will be a shock to the horse's system and could cause tying-up (muscle cramping); however, with

**extreme heat and internal body temperatures this is not the case. If a horse is prone to tying up, it may be recommended to not directly apply the ice to the large gluteal muscles in the hind end, but focus on those key areas where the blood vessels are more superficial (the belly and inside of legs and thighs).**

\*\*\*\*\*

## 6. Pelleted Feeds

Advantages and Disadvantages of pelleted feeds for horses.

When you speak of pelleted feeds for horses, you have to be specific as to what type of pellet feed you mean. There are at least four basic types of pellets. One type is the pelleted single ingredient such as dehydrated alfalfa meal. Another is the pellet grain mixture. The third is the pellet supplement which may contain high levels of protein, minerals, and vitamins. The fourth type is the complete pelleted ration. The complete pellet contains roughage and grain and is designed to meet all the nutrient requirements of the horse. The advantages and disadvantages as they relate to two of the four types -- the pelleted grain mixture and the complete pelleted feed -- follow:

Advantages of pellet feeds

1. Reduce dust
2. Reduce waste
3. Require less storage area
4. Reduce the appearance of hay belly
5. Prevent horses from sorting feed

### Disadvantages of pellet feeds

1. Decrease eating time, creating more boredom
2. Decrease the amount of fiber a horse receives
3. Increase the cost of the feed due to the pelleting process
4. Poor-quality feed ingredients can be hidden in a pellet
5. Excessive heat during the pelleting process may decrease the availability of amino acids such as lysine and may destroy some vitamins
6. Greedy eaters may be more prone to choke, colic, or other digestive disorders

What are the advantages to feeding a pelleted concentrate mix over feeding a textured feed?

Two reasons would be:

1. Each individual pellet is balanced and compacted with a fiber binder, thus reducing the chance of less palatable nutrients sieving out of the concentrate mix.
2. Pellets are denser than sweet feed. Consequently, less total volume of pelleted concentrate will be required to meet nutrient requirements, permitting more space for forages in the horse's gastrointestinal tract.

\*\*\*\*\*

## 7. NCHC Specialty License Plate – From The NC Horse Council

This year the NC Legislature passed a bill enabling us to have a horse speciality license plate. But to get these produced we need 300 pre orders and we would like to have these by the end of the year! Don't miss out...order yours today. Send this message to all of your horse friends and get them to order one too. Just follow this link to order on line:

<http://nchorsecouncil.com/license-order-form/> to order on-line

Thanks and let's make this a Happy New Year by reaching our 300 pre-orders and being able to display our new NC Horse Council License Plate.

\*\*\*\*\*

## 8. Natural Resource Training Opportunities - Registration Open!

January 11: Teleconference 9am-noon, Managing White Tailed Deer in North Carolina; more details at [www.ncsu-feop.org/DE/DETreg.html](http://www.ncsu-feop.org/DE/DETreg.html) - locations statewide

Teleconference date(s) - January 11, 2012 - Forestry Wildlife Management

March 14, 2012 - Fire in the Forest

June 20, 2012 - NC Forest Products Industry

February 7: Non-native and Invasive Forest Plants Workshop 830am - 400pm; Williamston, NC; details at [www.ncsu-feop.org/NNI/](http://www.ncsu-feop.org/NNI/)

May 1: Non-native and Invasive Forest Plants Workshop 830am - 400pm; Greensboro, NC; details at [www.ncsu-feop.org/NNI/](http://www.ncsu-feop.org/NNI/)

May 8: Non-native and Invasive Forest Plants Workshop 830am - 400pm; Wilkesboro, NC; details at [www.ncsu-feop.org/NNI/](http://www.ncsu-feop.org/NNI/)

\*\*\*\*\*

**9. Small Poultry Flock All Day Seminar January 19, 2012**

**Harnett County, 126 Alexander Drive, Lillington, NC 27546-1089 [\(910\) 893-7530](tel:9108937530) Phone**

**Email- <http://harnett.ces.ncsu.edu>**

**9:30 am- Registration- \$10.00 Due at Door- Please make checks out to Cooperative Extension Service.**

**10:15 am-Forage Species, Management- Dan Campeau, NCSU**

**11:00 am- Alternative Poultry Species- Jeannette Beranger, ALBC**

**12 Noon- Lunch**

**1:00 pm- Multi Species farming systems- Steve Moize**

**1:45 pm- Egg Rules, Private Labeling- Richard Hoyle, NCDA**

**2:15 pm- Processing Concerns- Processing Mgt. items, Inspection process, Expected Yields- Chaudhry**

**2:45 pm- CEFS Ongoing research - Lisa Forehand, NCSU**

**3:00 pm- Questions and Answers**

**3:30 pm- Adjourn**

**Registration Fee- \$10.00 due at door.**

**RSVP- Please contact Jane Tripp, Extension Secretary, at [919-542-8202](tel:9195428202) by Jan. 17, 2012 if you plan to attend. Contact Person- Dan Campeau- [919-548-9895](tel:9195489895).**

\*\*\*\*\*

10. Equine Trails News: USDA Forest Service News Release  
USDA Forest Service news release: Forest Service and Partners Take Strategic Approach to Managing Trails

National Forests in North Carolina  
USDA Forest Service  
160A Zillicoa St.  
Asheville, N.C. 28801  
Online: [www.fs.usda.gov/nfsnc](http://www.fs.usda.gov/nfsnc)

NEWS RELEASE

Contact: Stevin Westcott,  
828-257-4215

#### Forest Service and Partners Take Strategic Approach to Managing Trails

ASHEVILLE, N.C. - The USDA Forest Service National Forests in North Carolina today announced that it will host multiple workshops next year (2012) to address management of non-motorized recreation trails across the Nantahala, Pisgah, Uwharrie, and Croatan National Forests. "Referred to as the Non-motorized Trails Strategy, this effort gives partners the opportunity to identify sustainable forest trail systems," said Forest Supervisor Marisue Hilliard. "I believe this initiative will produce high-quality trail systems that will better serve our visitors and the land."

Public workshops for Pisgah and Nantahala National Forest trails start in early January 2012. The Uwharrie and Croatan National Forests meetings start in summer 2012. A complete list of meeting dates and times is posted at: [www.fs.usda.gov/goto/nctrailstrategy](http://www.fs.usda.gov/goto/nctrailstrategy).

Representatives from a wide range of trail-user groups, individuals who represent local communities and ecotourism, or individuals not represented by larger user groups are invited to collaborate in the process, which is expected to take up to a year to complete. The result will be recommendations for a comprehensive trail management plan for each national forest in North Carolina, along with a stronger community of volunteers to assist with these efforts.

The Forest Service initiated this process because use of forest trails in North Carolina is increasing every year. Resources used to maintain trails have been static or decreasing. The emphasis will be on high-quality experiences on sustainable trail systems. Through this process, the Forest Service and users will work together to look at the trail systems and recommend how to make the best use of current and future resources. The agency will use information generated from this process for the Nantahala/Pisgah National Forests Management Plan revision slated to start in 2013.

The National Forests in North Carolina includes 1.25 million acres of public lands, more than 1600 miles of non-motorized trails and nearly five million visitors per year, making it one of the most visited forests in the nation.

For more information on the Trail Strategy, visit: [www.fs.usda.gov/goto/nctrailstrategy](http://www.fs.usda.gov/goto/nctrailstrategy).

+++++

**11. 2012 Organic Commodities and Livestock Conference**  
**Jan. 12-13, 2012 in Rocky Mount, NC**  
**<http://carolinafarmstewards.org/oclc.shtml>**

**The Carolina Farm Stewardship Association's Annual  
Carolina Organic Commodities and Livestock Conference  
is coming up January 12th and 13th at Nash Community  
College in Rocky Mount, NC.**

**There will be a host of topics of interest to pasture-based  
livestock and meat producers. The conference is free.**  
**See the Brochure**  
**at [http://sfc.smallfarmcentral.com/dynamic\\_content/uploads/files/882/OCLC%20conference%20brochure.pdf](http://sfc.smallfarmcentral.com/dynamic_content/uploads/files/882/OCLC%20conference%20brochure.pdf)**

and contact Karen McSwain  
at [karen@carolinafarmstewards.org](mailto:karen@carolinafarmstewards.org) for more

+++++

12 . HAY DIRECTORY - A Hay Directory is maintained by the North Carolina Cooperative Extension Service for the Rockingham County and Guilford County area. This directory is intended as a service to both hay producers and buyers in the area. If you are in need of hay or would like to be added (or removed) from this list please call me at [1-800-666-3625](tel:1-800-666-3625) or 342-8235 and let me know your name, address & phone #, type of hay, number of bales, (square or round bales) and weight per bale.

MANAGE YOUR PASTURES!

+++++

13. **Take A Load Off –**

**I need your clean Jokes, so please send em to me! -**

## The older generation

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

--- Reporters interviewing a 104-year-old woman: "And what do you think is the best thing about being 104?" the reporter asked. She simply replied, "No peer pressure."

--- The nice thing about being senile is you can hide your own Easter eggs.

--- Just before the funeral services, the undertaker came up to the very elderly widow and asked, "How old was your husband?" "98," she replied. "Two years older than me." "So you're 96," the undertaker commented. She responded, "Hardly worth going home, is it?"

--- I've sure gotten old.! I've had two bypass surgeries, a hip replacement, new knees. Fought prostate cancer and diabetes. I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, and subject to blackouts. Have bouts with dementia. Have poor circulation; hardly feel my hands and feet anymore. Can't remember if I'm 85 or 92. Have lost all my friends. But, thank God, I still have my driver's license.

--- An elderly woman decided to prepare her will and told her preacher she had two final requests. First, she wanted to be cremated, and second, she wanted her ashes scattered over Wal-Mart. "Wal-Mart?" the preacher exclaimed. "Why Wal-Mart?" "Then I'll be sure my daughters visit me twice a week."

---My memory's not as sharp as it used to be. Also, my memory's not as sharp as it used to be.

--- Know how to prevent sagging? Just eat till the wrinkles fill out.

---I've still got it, but nobody wants to see it.

---I'm getting into swing dancing. Not on purpose. Some parts of my body are just prone to swinging.

---It's scary when you start making the same noises as your coffeemaker.

---These days about half the stuff in my shopping cart says, "For fast relief."

---Don't let aging get you down. It's too hard to get back up.!

--- Remember: You don't stop laughing because you grow old, You grow old because you stop laughing.

- --THE SENILITY PRAYER : Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.

Now, I think you're supposed to send this to 5 or 6, maybe 10. Oh heck, send it to a bunch of your friends if you can remember who they are.

HeHeHe

++++  
++++

I always want to know what you think of the Weekly Pile, good or bad,

Especially if it has had ANY IMPACT on you. Let me hear from you!

\*\*\*\*\*I NEED YOUR IDEAS FOR ARTICLES In FUTURE Newsletters!\*\*\*\*\*

I WANT TO HEAR FROM YOU!!!!!!!!!!!!!!!!!!!!

\*Please remember our Troops who are serving our Country (and there families) those who have come home with wounds and the families that paid the ultimate sacrifice. We owe everything to those who are and have served!

Thank You!

I hope that you all have a Safe Weekend!

Ben

North Carolina State University and North Carolina A&T State University

Is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees based on race, color, creed, national origin, religion, gender, age, or disability.

Moreover, North Carolina State University and North Carolina A&T State

University is open to people of all races and actively seeks to promote racial integration by recruiting and enrolling a larger number of black

students. North Carolina State University and North Carolina A&T State

University regards discrimination on the basis of sexual orientation to

be inconsistent with its goal of providing a welcoming environment in

which all its students, faculty, and staff may learn and work up to

their full potential. The Universities values the benefits of cultural

diversity and pluralism in the academic community and welcomes all men

and women of good will without regard to sexual orientation.

The use of brand names or any listing or mention of products or services

does not imply endorsement by the NC Cooperative Extension Service nor

discrimination against similar products or services not mentioned.

## Ben Chase

**Rockingham and Guilford County Extension Agent  
Agriculture & Livestock**

**North Carolina State University**

**North Carolina Cooperative Extension,**

**525 NC 65, Suite 200, Reidsville, NC 27320**

**(336) 342-8235    800-666-3625    Fax: 336-342-8242**

Email : [ben\\_chase@ncsu.edu](mailto:ben_chase@ncsu.edu)

<http://rockingham.ces.ncsu.edu/index.php?page=animalagriculture>