



# ROCKINGHAM COUNTY 4-H SUMMER ADVENTURES



**REGISTER NOW IN  
4-H ONLINE**

**V2.4HONLINE.COM/**

**Contact 4-H Agent,  
Morgan Maness  
336-342-8230  
mcmanness@ncsu.edu**



NC State University promotes equal opportunity and prohibits discrimination and harassment based upon one's race; color; religion (including belief and non-belief); sex, including but not limited to pregnancy, childbirth, or other related medical condition, parenting, and sexual harassment; sexual orientation; actual or perceived gender identity; age; national origin; disability; veteran status; or genetic information. In compliance with the Americans with Disabilities Act, NC Cooperative Extension will honor requests for reasonable accommodations made by individuals with disabilities. Please direct accommodation requests to Will Strader, County Extension Director at will\_strader@ncsu.edu or 336-342-8230. Requests can be served more effectively if notice is provided at least 10 days before the event.

## Welcome to Rockingham County 4-H Summer Adventures Program



This program is made possible by the Rockingham County 4-H, North Carolina Cooperative Extension and United Way of Rockingham County. **Activities are open to any youth in Rockingham County.** Please adhere to workshop descriptions; workshop limits, dates, times, and age limits.

How Do I Sign Up? Register early to ensure your spot!

**All registration is done online through 4-H Online at <https://v2.4honline.com>**

**Step 1.** If you are already a *current* member of 4-H Online, log in to your profile and you should see the summer programs you are eligible to register for under “Events.” If you are not current, please re-enroll for the year. If you are not a 4-H member, you will set up a 4-H profile in 4-H Online in order to access the summer registration. Once your 4-H enrollment in Rockingham County has been approved you will be able to access 4-H Summer Adventures under the “Events” section. You can select “Member at Large” when it asks for 4-H Club.

**Step 2.** Under “Events” register for each program individually that you would like to attend. Once submitted you should receive an email that says “Thank you for submitting your registration.” This does not guarantee your spot just yet! You will not be able to change payment status, you must select pay by check. Even if you are paying by cash. *We only accept cash or check.*

**Step 3.** To ensure that we are not going over our maximum capacity for space, the Rockingham County 4-H office will approve each registration as it comes in. You will either receive an email from 4-H Online stating your registration has been approved and that you need to send payment (if a fee) OR you will receive an email from Morgan stating you are on the waiting list.

**Step 4.** If your registration has been approved then get payment to the Rockingham County 4-H office (525 NC Highway 65, Suite 200, Reidsville, NC 27320) by cash or check within one week to confirm your spot. Let Morgan know if you want to use 4-H scholarship \$. Once payment has been received you will receive another confirmation email.

Please note we are working with a limited number of spots so please let us know asap if you are unable to attend the workshop so that we can fill your spot with someone on the waiting list.

If you do not have internet access or have trouble please contact the 4-H office for assistance.

**Please contact the 4-H office with any questions at 336-342-8230 or email Morgan Maness at [mcmanness@ncsu.edu](mailto:mcmanness@ncsu.edu).**

Please note:

\*You will need to sign your child in and out from each program.

\*Ages are by January 1<sup>st</sup> of the year.

\*All youth must have attended kindergarten before coming to 4-H Summer Adventures

\*If your child does not follow the code of conduct; they will be asked to leave.

\*Please adhere to the time frame of the programs. Drop off and pick up according to time stated or you will be charged a fee!



**Life Skills Camp:**

**Date:** June 11 - 13

**Time:** 9 - 4

**Age:** 9 – 18

**Class Size:** 10

**Fee:** \$20

**Where:** Meet at 4-H office,  
traveling to Guilford County

Everyone needs to learn basic life skills! Come have fun with hands on experiences learning more about cooking, health/fitness, pet care, doing laundry, sewing, gardening, working with tools and learning first aid and more. Lunch and snacks will be provided. Instructors are Morgan Maness, 4-H Agent and other 4-H Agents and guest community volunteers.

**FULL – you can still register to get on waiting list**



**Quilting Camp:**

**Date:** June 17 - 20

**Time:** 9am – 3pm

**Age:** 12 - 18

**Class Size:** 10

**Fee:** Free

**Where:** 4-H office

Do you want to learn how to make a quilt? You will learn how to use a sewing machine, step by step how to measure, put together and sew a quilt. You will go home with your small quilt. You must come to all 4 days. You need to bring your own lunch, but snacks are provided.

Instructor is 4-H volunteer Beth Moore and other 4-H Volunteers.



**Explore It!**

**Date:** June 21

**Time:** 8am – 4pm

**Age:** 5 - 12

**Class Size:** 10

**Fee:** \$10

**Where:** Meet at 4-H  
office, travel to  
Greensboro

Where can you see zoo animals, the aquarium, dinosaurs, the Omnisphere and so much more at one place? The Greensboro Science Center! Come explore the Greensboro Science Center with us for the day. Bring your own bagged lunch, but snacks will be provided. Chaperone is 4-H Agent, Morgan Maness

**FULL – you can still register to get on waiting list**



**Save a Life – CPR Training:**

**Date:** June 25

**Time:** 8am – 12pm

**Age:** 6<sup>th</sup> grade and up

**Class Size:** 7

**Fee:** FREE

**Where:** 4-H office

It is important to know how to save a life! You want to be prepared if the need ever arises. Come to this hands on class and learn all about CPR and AED. Participants will become CPR certified through this class. Instructor will be 4-H volunteer, Jessica Belcher who instructs classes through American Heart Association. \*\* **FULL – you can still register to get on waiting list**



**Be a First Aid Pro:**

**Date:** June 25

**Time:** 1 – 3pm

**Age:** 8 years old and up

**Class Size:** 10

**Fee:** FREE

**Where:** 4-H office

When an emergency arises you want to be able to help! This Heartsaver First Aid course will train you on basic first aid. You will learn common first aid emergencies, how to recognize them, how to call for help, and how to perform lifesaving skills. You will receive a book to take home. Participants will receive a Heartsaver First Aid Card through this class. Instructor will be 4-H volunteer, Jessica Belcher who instructs classes through American Heart Association. \*\* **FULL – you can still register to get on waiting list**



***\*\*If you would like to participate in both Save a Life – CPR Training and the Be a First Aid Pro Class you can bring your own lunch and stay for the day and be picked up at 3pm. Just be sure to sign up for both classes individually.\*\****

**Cloverbud Camp:**

**Date:** June 26  
**Time:** 9am – 12pm  
**Age:** 5 - 7  
**Class Size:** 10  
**Fee:** FREE  
**Where:** 4-H office

Do you like crafts and learning about a variety of topics? This is the camp for you! We will use several different 4-H curriculum topics to make different crafts and even our own snack. This camp will be lots of fun for our 4-H Cloverbuds! Snack will be provided. Instructor will be 4-H Volunteer, Gail Bryson. **FULL – you can still register to get on waiting list**



**Little Painters:**

**Date:** June 27  
**Time:** 9am – 12pm  
**Age:** 5 - 18  
**Class Size:** 20  
**Fee:** \$15  
**Where:** 4-H office

We opened this class up to all ages....Would you like to learn more about art and painting? This workshop is designed for our younger youth. Everyone will learn more about the parts of a brush, colors, kinds of brushes and painting techniques. Participants will paint an acrylic painting on a 12x16 stretched canvas and take their finished product home! Snack will be provided. Wear clothes you can get paint on. The painting will be different from past years. Instructor will be local artist, Kathy Anthony.



**Painting 101:**

**Date:** June 28  
**Time:** 9am – 12pm  
**Age:** 9 - 18  
**Class Size:** 20  
**Fee:** \$15  
**Where:** 4-H office

Would you like to learn more about art and painting? This workshop is designed for our older youth. Everyone will learn more about the parts of a brush, colors, kinds of brushes and painting techniques. Participants will paint an acrylic painting on a 12x16 stretched canvas and take their finished product home! Snack will be provided. Wear clothes you can get paint on. The painting will be different from past years. Instructor will be local artist, Kathy Anthony. **FULL – you can still register to get on waiting list**



**4-H Investigates:**

**Date:** July 16 - 18  
**Time:** 8:30 – 4:30  
**Age:** Rising 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grade  
**Class Size:** 10  
**Fee:** \$20  
**Where:** Meet at 4-H office, traveling to Alamance County

Would you like to learn more about solving crimes and the career opportunities? Well if so this is the program for you. Participants will become detectives to solve a mock “murder” mystery. Solve this crime by exploring various techniques including blood typing, forensic anthropology, fingerprint analysis, impression analysis of tires and shoes, hair analysis, blood spatter and DNA evidence. (Parents be advised that field trips may include places such as county jail and court house). You must come to all 3 days. Tshirt, lunch and snacks are provided. Instructors are Morgan Maness, 4-H Agent, other 4-H Agents & guest speakers **FULL – you can still register to get on waiting list**



**Just Grow It**

**Date:** July 30  
**Time:** 8:30 - 1  
**Age:** 5 - 18  
**Class Size:** 15  
**Fee:** FREE  
**Where:** 4-H office & traveling to farms

Do you know where your fresh fruits and vegetables come from? We will learn about our local farms and how our food is grown. Maybe even get to try your hand in the garden too or get to take home a plant with you! Be sure to wear clothes that get dirty and closed toed shoes. Snacks will be provided. Instructors: Horticulture Agent, Kathryn Holmes and 4-H Agent, Morgan Maness **FULL – you can still register to get on waiting list**



**Mad Science:**

**Date: July 31**

**Time: 1pm – 4pm**

**Age: 5 - 13**

**Class Size: 20**

**Fee: \$10**

**Where: 4-H office**

The Mad Science Crew is back! They are the most fun scientists to learn from. Come learn about chemistry. It is part of our everyday life, but come learn what it is all about. Explore chemistry by making sidewalk chalk, candy and create a crystal garden. Everything is hands on! Snack is provided. Instructors will be the Mad Science Scientists. **FULL – you can still register to get on waiting list**



**4-H STEM Camp:**

**Date: August 5 - 7**

**Time: 9am – 3:30pm**

**Age: 9 - 15**

**Class Size: Unlimited**

**Fee: \$15**

**Where: 4-H office**

This STEM (Science, Technology, Engineering, Math) Camp is like no other you have ever been to! You will get a chance to use multiple types of robotics, coding programs. You will get to use Junk Drawer Robotics where you will build a catapult then you will move onto more advanced robotics curricula where you get to build with Legos! We will be using Lego WeDo, Spike, Dash & Dot and Sphero. Indoor drones will be used and challenges of course! We will have Digital Literacy experts come with the computer lab and teach a class which will be a ton of fun! Lunch and snacks will be provided. Instructors are Morgan Maness, 4-H Agent and other 4-H Agents

